

2016 Ladies' Retreat - Lesson Descriptions:

Wonder Woman, *Who Me?* - Denise Gill

I am Wonder Woman! You may *wonder* if you have anything in common with Wonder Woman. But God has made you and chosen you to live a powerful life. This lesson will deal with popular stereotypes of women in our culture, and redefine the identity of God's 'Wonder Woman'. This lesson will help women recognize and accept who God says they are. We're on a mission to change the world! This lesson will focus on scriptures that teach what God calls His people: Examples- *You are the light of the world; You are a royal priesthood*, etc.

POINTS: God says: *I am _____.... I am _____... I am _____*

The Secret To My Super Powers - Gina Law

Do the women of Greater Alton understand and grasp God's power? This lesson explores the power of God that is available to every woman and the role of the Holy Spirit in their lives. *What can the indwelling of God's Spirit do? How do I unleash God's power in my life? (Obedience, God's Word, Prayer).* Scriptures: Mark 10:26-31, Ephesians 3:20-21, Judges 15-16 (Samson), Romans 8

Break Out Session I - Growing and Changing is a process. In order to carry out his mission we must allow God to transform our character in these three areas. Each breakout is 45mins long: *25min-lesson, 10min-testimony, followed by 10min-discussion.*

1. Courage: *When I need to take a stand*- Cassie Dinnius Chelsea Niezwaag-testimony

You can either live your life in fear or with bravery. God promises to supply the courage to accomplish His mission (Ex- Joshua). This lesson will define what courage looks like and urge women of God to get out of their comfort zone and be more mission minded. One area to focus on is having the courage to be honest with ourselves and others.

2. Compassion: *When I need to deeply care*- Sharon Adair Stephanie Tankersley-testimony

Jesus wept over his *lost city*, Jerusalem (*Luke 13:34-35*) Do you care deeply for the lost and hurting around you? God says '*clothe yourselves with compassion*' (Col 3:12). This breakout will challenge the tendency of being self-absorbed. It will share practical steps to developing heartfelt compassion towards others as we share the gospel.

3. Conviction- *When I need to believe*- Coral Kimble Melissa Gill-testimony

Jesus was consumed with God's mission! Nothing was more important to him than the things of God. It's time for women to believe in their mission too. You are here to be like Christ and bring people to Christ. Everything you do comes from your core convictions. *Why am I here? What should I do with my life?* These are the kind of questions this lesson should answer. Suggested passages: Psalm 69:9, Philippians 3:7-11

Break Out Session II - It matters what you do! You can make a difference! Share practical and simple ways that we can make a difference through our everyday lives. Be faithful wherever He puts you. God's power can work through you starting today! Each breakout is 45mins long: *25min-lesson, 10min-testimony, followed by 10min-discussion.*

1. Making a difference in *My Home* - Debbie Weiler
Kelsey Anderson-testimony

Home sweet home. There's no place like home. No matter how you define *home*, it's the place where you live with those closest to you. Home is where others see you *warts and all*. This breakout will focus on the kind of life that blesses my home. Key points: The difference service makes; The difference prayer can make; The power of a godly example and attitude. Suggested Scriptures: Proverbs 24:3-4, Titus 2:4-5

2. Making a difference in *My Workplace* - Jennie Merioles
Cassie Clark-testimony

You will spend a third of your life working. Let's face it, the *workplace* can be pretty *worldly*. Complaining, gossip and competitiveness are common problems in places where you work. This lesson will identify your workplace and how hard work, a positive attitude, integrity and teamwork can make a godly impact that reaches the lost. Scriptures to consider: Colossians 3:23-24, 1 Thessalonians 5:16-18, Philipians 2:14-16, Matthew 5:9

3. Making a difference in *My Community* - Sue Cress
Susie Lybarger-testimony

Jesus not only met people daily, he met them to make a difference. As women, we come into contact with people every day, (Ex: The market, the park, your neighborhood or your church etc.) As we bump into these people will we make a difference? This breakout will describe and define the scope of my community. This lesson will heighten my awareness on the needs of people and give practical ways to make an eternal impact. Scriptures to consider: Matthew 5:13-16, 1 Peter 2:11-12, Acts 8:36, Galatians 6:10

Saturday evening

Life's Greatest Mission - Nicole Gill

There is a Wonder Woman in all of us. God gives you spiritual gifts, skills, a personality and a host of experiences for a reason. He wants to use them to fulfill His mission: Reaching The World. What do you think God is putting in front of you? This lesson will help women discover their purpose on earth and encourage women to use their gifts and talents to fulfill life's greatest mission. This lesson will conclude with a video of women sharing their stories of discovering God's purpose. Suggested reference material: The Purpose Driven Life, and 301 Class.